

# THE SUZANNE PINCUS FAMILY LEARNING PLACE

## OCTOBER 2023

SUN	MON	TUES	WED	THURS	FRI	SAT
<b>1</b>  <b>Down Syndrome Awareness Month</b>	<b>2</b>  <b>National Spina Bifida Awareness Month</b>	<b>3</b>  <b>Liver Cancer Awareness Month</b>	<b>4</b>  <a href="https://www.pacer.org/bullying/nbpm/">https://www.pacer.org/bullying/nbpm/</a>	<b>5</b>  <a href="https://www.nationalbreastcancer.org/">https://www.nationalbreastcancer.org/</a>	<b>6</b> <b>Family Learning Place</b> <b>Respite Fridays</b> <b>Every Friday</b> <b>11am-3pm</b> <b>718-741-2357</b> 	<b>7</b> <b>Montefiore MyCHART</b> <b>Log on Today</b>  <a href="https://mychart.montefiore.org">https://mychart.montefiore.org</a>
<b>8</b> <b>Fire Prevention Week</b> <b>Oct 8-14</b> <b>Fire won't wait, Plan your escape.</b> <a href="https://www.nfpa.org/">https://www.nfpa.org/</a>	<b>9</b> <b>Indigenous Peoples' Day</b>  <b>schools closed</b>	<b>10</b>  <b>WORLD MENTAL HEALTH DAY</b> <b>— OCTOBER 10 —</b>	<b>11</b> <b>LINCS</b> <b>Expert care for medically fragile children</b>  <a href="https://www.cham.org/programs-centers/lincs-program/our-expertise">https://www.cham.org/programs-centers/lincs-program/our-expertise</a>	<b>12</b>  <b>WORLD CEREBRAL PALSY DAY</b> <b>6 OCTOBER</b> <a href="https://worldcpday.org/">https://worldcpday.org/</a>	<b>13</b>  <b>FRIDAY THE 13TH</b>	<b>14</b> <b>Project Rising</b> <b>Substance Abuse Program for Adolescents and Young Adults (Ages 14-24)</b> <b>1510 Waters Place</b> <b>Bronx, NY 10461</b> <b>718-409-9433</b>
<b>15</b> <b>Compassionate Friends</b> <b>(Grief Support)</b> <b>Every Tuesday</b> <b>Please call</b> <b>Crystal Vitaliano</b> <b>718-207-3552</b> 	<b>16</b> <b>COVID-19 Vaccine Location</b>  <a href="https://vaccinefinder.org/search/">https://vaccinefinder.org/search/</a>	<b>17</b> <b>NYC subway safety tips.</b>  <a href="https://nysubway.com/subway-station-safety-tips/">https://nysubway.com/subway-station-safety-tips/</a>	<b>18</b> <b>Legal Services</b> <a href="https://door.org/programs-services/legal-immigration-services/">https://door.org/programs-services/legal-immigration-services/</a>	<b>19</b> <b>New York Food Pantries</b> <b>Use this link to find the one closest to you</b> <a href="https://www.foodpantries.org/st/new_york">https://www.foodpantries.org/st/new_york</a>	<b>20</b> <b>NYC Department of Social Services</b> <a href="https://www1.nyc.gov/site/dss/index.page">https://www1.nyc.gov/site/dss/index.page</a>	<b>21</b> <b>Butler Center for Children &amp; Families</b> <b>Provides evaluations and treatment for children who are victims of abuse</b> <b>718-920-5833</b>
<b>22</b> <b>Disability Pride Parade in NYC</b> <b>11am Madison Square Park</b>  <a href="http://www.disabilitypridenyc.org">www.disabilitypridenyc.org</a>	<b>23</b> <b>Montefiore COVID-19 Resources</b>  <a href="https://covid19.montefiore.org/">https://covid19.montefiore.org/</a>	<b>24</b> <b>NAMI National Alliance on Mental Illness</b>  <b>914-592-5458</b> <a href="http://www.namihwestchester.org">www.namihwestchester.org</a>	<b>25</b>  <b>MMCC FOOD PANTRY</b> <b>Building Communities one life at a time</b> <a href="http://www.mmcc.org">www.mmcc.org</a> <b>718-882-4000</b>	<b>26</b> <b>Emergency Rental Assistance program</b> <b>844-691-7368</b> <a href="https://otda.ny.gov/programs/ERAP">https://otda.ny.gov/programs/ERAP</a>	<b>27</b> <b>El Programa de Asistencia para Alquileres de Emergencia</b> <b>844-691-7368</b> <a href="https://otda.ny.gov/programs/ERAP">https://otda.ny.gov/programs/ERAP</a>	<b>28</b> <b>Montefiore Caregivers Support Center</b> <b>We care about caregivers</b> <a href="http://www.montefiore.org/caregiversupport">www.montefiore.org/caregiversupport</a> <b>718-920-8080</b>
<b>29</b> <b>MMG Prevention Center</b> <b>Bravo Food Pantry</b> <b>3058 Bainbridge Ave</b> <b>347-899-0936</b> <b>Please bring an ID and proof of address</b>	<b>30</b> <b>Child Abuse Hotline</b> <b>1-800-422-4453</b> <b>Domestic and Sexual Violence</b> <b>800-942-6906 or 711 for Deaf/Hard of hearing</b>	<b>31</b> <b>HAPPY HALLOWEEN</b>  <b>HALLOWEEN</b>	<b>Let your voices be heard!</b> <b>To join CHAM's Family Advisory Committee (FAC)</b> <b>Call the Family Learning Place</b> <b>718-741-2357</b>	 <b>Donate a book to CHAM's library</b>	<b>Do you have questions about how to get services for loved ones with special needs?</b> <b>Contact a Montefiore Outreach Specialist</b> <b>718-741-2357</b>	<b>Visit us at</b> <a href="http://www.cham.org">www.cham.org</a> <b>Read all about our programs and resources</b>

The Family Learning Place is a health information resource center at Children's Hospital at Montefiore. We are in the upper lobby level and open Monday to Friday from 8:30 AM to 5:00 PM. For more information, call us at 718-741-2357 or email [familylearningplace@montefiore.org](mailto:familylearningplace@montefiore.org)