



Division of Adolescent Medicine

At Montefiore, we listen to and respect teens and young adults (13–20 years old) as partners in their own health care. We provide consultations in adolescent reproductive health care, gynecology, menstrual disorders, eating disorders, gender identity concerns, and behavioral problems. Learn more about the Division of Adolescent Medicine at [cham.org/adolescent](https://www.cham.org/adolescent). To refer patients, call **718-741-2450**.

WE OFFER CONSULTATIONS IN:

- **Gynecology for Adolescents including:**
 - » Puberty evaluation
 - » Lack of menstrual periods
 - » Irregular menstrual periods
 - » Heavy menstrual bleeding
 - » Polycystic ovary syndrome
 - » Primary ovarian insufficiency
 - » Other conditions of the female reproductive organs
 - » Fertility counseling
- **Reproductive Health Care for Adolescents including:**
 - » Contraception
 - » IUD and contraceptive implant service
 - » Sexually transmitted infection diagnosis and treatment
- **Eating Disorders including:**
 - » Anorexia nervosa
 - » Bulimia nervosa
 - » Avoidant restrictive food intake disorder
- **Gender Identity Concerns including:**
 - » Gender dysphoria
 - » Pubertal blocker therapy
 - » Gender affirming hormone therapy
- **Breast Disorders**
- **Obesity**
- **Substance use**
- **LGBTQ+ health**

SPECIAL PROGRAMS:

- **Adolescent AIDS Program (AAP)**—the nation's first HIV/AIDS center dedicated to teens and young adults, providing care, testing and preventive services (**718-882-0023**)
- **Adolescent Weight Management**—to evaluate and help overweight teens shed pounds in a healthy way
- **Contraception and Menstrual Management for Girls with Complex Medical Conditions**—by nationally recognized experts in the field of adolescent gynecology
- **Eating Disorder Program**—offering adolescents struggling with eating disorders specialized medical and mental health care (**718-741-2386**)
- **Girls Bleeding Program (GAB)**—multidisciplinary program providing diagnosis and management of heavy menstrual bleeding and blood disorders in young girls (**718-741-2342**)
- **IUD and Contraceptive Implant for Adolescents**—providing IUDs and implants in a confidential environment for contraception or menstrual control, we have the ability to do these device insertions under sedation for intellectually/physically disabled girls who need menstrual control
- **LGBTQ+ Program for Youth and Families**—comprehensive support and medical care for lesbian, gay, bisexual and transgender adolescents ages 13–24

Children's Hospital at Montefiore (CHAM) has been consistently recognized by *U.S. News & World Report* as one of the nation's best in areas including Pediatric Cancer, Gastroenterology & GI Surgery, Neonatology, Nephrology and Neurology & Neurosurgery.

